



REGION 7

# 47<sup>th</sup> NUTRITION MONTH PLEDGE

We, representing the (*Name of company/ organization/ LGU*) and citizens of the Republic of the Philippines hereby declare our love of the country and uphold the right of every Filipino to good health and optimum nutrition.

Together, we do solemnly swear to:

**F**ocus on the First 1000 Days of life, considered as golden window of opportunity for optimum growth, health, and development,

**I**ntegrate nutrition in the comprehensive development plans and annual investment programs of local governments,

**R**aise awareness of the public that stunting leads to poor health, poor school performance and lower wages in adulthood,

**S**upport the full implementation of RA 11148 (Kalusugan at Nutrisyon ng Magnanay Act, RA 10028 (Expanded Exclusive Breastfeeding in the Workplace Act) and Republic Act No. 11037 (Masustansyang Pagkain Para sa Batang Pilipino Act),

**T**each pregnant and lactating women, families and frontline health and nutrition workers that nutrition plays a critical role in a child's development and the country's ability to prosper,

**1** One/whole of nation approach as the problem of malnutrition is multi-faceted and multi-dimensional, thus rallying everybody to be on board,

**K**indle collaboration and stakeholders support to prioritize, invest, and sustain nutrition and nutrition-related interventions to fight malnutrition,

**D**eepen understanding of political leaders on the First 1000 Days of Life strategy and make sure that this is included in their political agenda,

**A**dvocate with policy makers to increase investment in nutrition interventions as every \$1 invested can save around \$12 in forgone earnings or health expenditure due to undernutrition,

**Y**earn that all children will be born healthier, taller, and brighter, and

**S**oar high for the achievement of the goals of the Phil. Plan of Action for Nutrition and Universal Health Care.

So help us, God.

**MALNUTRISYON PATULOY NA LABANAN FIRST 1000 DAYS TUTUKAN!**

NATIONAL NUTRITION COUNCIL REGION 7 (CENTRAL VISAYAS)

[bit.ly/2n2LR8w](https://bit.ly/2n2LR8w) NNCRVII NNCRVII NNC\_7